



Wolf Tracks



Principal's Newsletter of Prospect Mountain High School

Volume 2, Issue 2

Russell E. Holden, Principal

September 12, 2005

As the school year begins we are very enthusiastic about the potential of our students. This year faculty, staff and administration will be concentrating on personalizing education for every student so that students take a more active role in their education. Within the framework of Breaking Ranks II, students will be more engaged in the classroom because they will work with the teachers to shape the discussion and learning. This initiative is very exciting and we look forward to a terrific school year.

Please feel free to bring any concerns or comments you have to my attention. My email address is rholden@pmhschool.com. As always you may check the school website at www.pmhschool.com to see what's happening at school.

Faculty Recognition

Heather Corriveau joined the Social Studies department as a faculty member. We are very fortunate to have Heather working with us this year!

Liz Cahoon had a baby boy over the summer break. She will be returning to PMHS at the end of October. Congratulations, Liz!

Jessica Field is with us for the first quarter as a long-term substitute in the English department for Liz Cahoon.

Student Recognition

School Store

The PMHS School Store had its grand opening on Tuesday, September 06, 2005. As part of their Business II class with Mrs. Burke last year, *Ryan Ball* and *Caitlin Wentworth* worked hard researching prices, styles of clothing, and looking at stores in other schools. They surveyed students and faculty at PMHS to see what items they wanted in the store. Then they wrote a business plan for the PMHS school store. Ryan and

Caitlin also came in over the summer to stock the store shelves in preparation for the opening. Students from Accounting I and Business II classes staff the store.



Caitlin Wentworth and Ryan Ball pose at the PMHS school store display.

Store hours are daily from 7:30 – 8:00 am and during first and third lunches. The store is also open during second lunch on Tuesdays and Thursdays. Items that can be purchased at the store include school staples such as pencils, glue, pens, rulers, etc., but other items such as PMHS water bottles, T-shirts and sweatshirts are also available. Suggestions of items you'd like to see in the store can be made to the staff or to Mrs. Burke. Orders for PMHS clothing will go on all year. If you would like to see the merchandise, it is on display in the trophy cases outside the gym.

Foreign Exchange Students

This year we are privileged to have four foreign exchange students attending PMHS. *Lin Dai* and *Kei Chan Ho* come to us from China, *Rujira Jenchaimahakoon* is from Thailand, and *Fabiana Souza* is from Brazil. We hope these students will come away with this experience with a good idea of our culture here in New Hampshire and that they will share their native cultures with our students here at PMHS.



Lin, Jenny, Pom and Fabiana are foreign exchange students studying with our students at PMHS this year.

Athletics

Jimmy Grant led the way with two goals for the PMHS Varsity Boys' Soccer Team's first ever victory vs. Belmont 3-1.

Maria Frangione had an amazing save in overtime that allowed PMHS Girls' Soccer Team to tie Newport 2-2.

Christian LaCroix is a newcomer to PMHS playing for our Boys' Varsity Soccer Team. Christian joins us from the Derryfield School in Manchester. He is an outstanding player – making two assists in the game against Belmont.

Carmen Niquette is the first female to compete and finish in cross country at PMHS.



Nick Lundy, Michael Stevens, Colin Hammond, and Josh Austin wait for their chance to play in the Boys' JV Soccer game against Raymond on Friday, September 3, 2005

standardized Testing

Last May, freshmen and sophomore students at PMHS completed some standardized tests. I would like to share with you the results of these tests.

Ninth graders took the Stanford 10 test which is a national test of Language and Mathematics. As a group, they scored a median grade equivalent of the complete battery of 12.5.

Tenth graders completed the NHEIAP tests in Language and Mathematics. These tests are required by the State of New Hampshire for all tenth grade students. PMHS students' scores looked like this:

| | <u>English</u> | <u>Math</u> |
|------------|----------------|-------------|
| Advanced | 6% | 12% |
| Proficient | 46% | 19% |
| Basic | 38% | 50% |
| Novice | 10% | 19% |

These scores are very competitive with the state results.

The results of these tests are very good and have set the bar for our expectations of future classes.

Congratulations to all the students and to you, their families, for providing support to your students so they can succeed at school! You will receive the individual test scores for your child in the first quarter report card.

Class Elections

Elections for class officers were held on Thursday, September 9, 2005. The results are as follows:

Senior Class of 2006:

Amber Richardson, President
 Dave Blanchette, Vice President
 Ashley Hubbard, Secretary
 Anthony Simone, Treasurer

Junior Class of 2007:

Jeff St. Cyr, President
 Rachael Ricker, Vice President
 Ashley Finethy, Secretary
 Elaine Bothwick, Treasurer

Sophomore Class of 2008:

Brianna Tidd, President
 Kelsey Whitney, Vice President
 Courtney Emerson, Secretary
 Amanda Pellowe, Treasurer

Freshman Class of 2009:

Lexie Phillips, President
 Kim Grant, Vice President
 Adam Collins, Secretary
 Kristine Jordan, Treasurer

Guidance News

The Add/Drop period for classes ended last week. Students who still have issues with their schedules are encouraged to come to the Guidance Office immediately to resolve any scheduling problems. Things are going very well so far this year. Thank you for your patience and cooperation.

SATs

Registration and Test dates for SATs are as follows:

| <u>Test Date</u> | <u>Register By</u> | <u>Cost</u> |
|------------------|--------------------|-------------|
| October 8 | September 7 | \$41.50 |
| November 5 | September 30 | \$41.50 |
| December 3 | October 28 | \$41.50 |
| January 28 | December 22 | \$41.50 |
| April 1 | February 24 | \$41.50 |
| May 6 | April 3 | \$41.50 |
| June 3 | April 28 | \$41.50 |

If you register late there is an additional fee. Please see Guidance for more information on SATs.

Departments

English

All English teachers are assigning their first papers to students this week. Much class time was devoted to explaining the writing process to students. You can help your child succeed with writing by encouraging them to follow the writing process they learned and by reading all the drafts and revisions. When students know you will be reading their papers, they will work harder on their writing. Your help is greatly appreciated.

Social Studies

Mr. Bingham's Advanced Placement US History Class is in the process of raising funds so they can go on a field trip to Gettysburg, Pennsylvania to visit the Civil War Battlefield there over the Columbus Day weekend. The class is hoping to follow the footsteps of 3 regiments using letters written by the soldiers who fought there. If you would like to help with fundraising for this trip, please contact Mark Bingham by email at mbingham@pmhschool.com or you can call the school at 875-3800.

Science

Alton Explorers meets every second and fourth Wednesday of the month at the Alton Fire Station on Rt. 140 from 7:00 – 9:00 pm. The purpose of this group is to expose teens to proper first aid procedures and an

introduction to firefighting techniques. This group is open to students in Alton and Barnstead. Come join us!

The Outing Club is a student led organization dedicated to exploring the outdoors by enjoying such activities as hiking, boating, canoeing, camping and other outings that offer them an opportunity to appreciate the landscape of New Hampshire. For more information on the Outing Club, please contact Mr. Derrick by email at jderrick@pmhschool.com.

Open House

There will be an Open House on October 6, 2005 at 6:30 pm at PMHS. This Open House is an opportunity for you to tour the school, meet your child's teachers and to see what an average school day is like for your child. More information regarding Open House will be forthcoming. We look forward to seeing you there!

PTSA

The Parent, Teacher, Student Association (PTSA) had its first meeting of the 2005-06 school year on Wednesday, September 7, 2005. The new PTSA officers are *Becky Rouleau* and *Jeff St. Cyr*, Co-Chairs; *Samantha Briggs* and *Sophie Ellis*, Co-Vice Chairs; *Barbara Fegley*, Treasurer; and *Debi Winegar* and *Judy Clemmons*, Co-Secretaries. This year one of the main goals of the PTSA is to expand the current membership. Teachers and community members are particularly encouraged to join the PTSA so that this group can be a better liaison between PMHS and the communities of Alton and Barnstead. Members can be as active as they choose – it is not necessary to attend every meeting to be a member of the PTSA. PTSA meetings are the second Wednesday of every month at 7:00 pm in Room 91. Please consider joining the PTSA. It only costs \$4.00 to join and it is a great way for you to be more involved in your student's education. The next PTSA meeting will be October 12, 2005.

Community Response Coalition (CoRe)

CoRe is sponsoring a Fall Festival at Prescott Park in Meredith, NH on Saturday, September 17, 2005. The festival will be from 4:00 – 8:00 pm followed by a Dance from 8:00 – 10:00 pm. The festival will feature family fun, games, food, prizes and unique entertainment. There is no charge to attend this event.

PMHS Calendar of Events October, 2005

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---|-----------|-------------------------|---|----------|
| | | | | | | 1 |
| 2 | 3 | 4 Senior College Parent Night 6:30 – 8:00 pm | 5 | 6 Open House 6:30 pm | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 Halloween Dance 7:00 – 11:00 Cafeteria | 29 |
| 30 | 31 | | | | | |

See Fall Sports Schedule on reverse side of this page



PMHS Fall Sports, 2005

Girls' Soccer

| | | | <u>JV</u> | <u>Varsity</u> |
|-------|-----------------|------|-----------|----------------|
| 8/24 | Newport | Home | | 4:00 pm |
| 8/26 | Gilford | Away | 4:00 pm | 4:00 pm |
| 8/29 | Campbell | Home | 5:30 pm | 4:00 pm |
| 9/1 | Belmont | Away | 4:00 pm | 4:00 pm |
| 9/8 | Littleton | Away | 4:00 pm | 4:00 pm |
| 9/10 | White Mountains | Home | 1:30 pm | 12:00 pm |
| 9/12 | Interlakes | Home | 5:30 pm | 4:00 pm |
| 9/16 | Raymond | Home | 4:30 pm | |
| 9/16 | Conant | Away | | 4:30 pm |
| 9/22 | Gilford | Home | 5:30 pm | 4:00 pm |
| 9/24 | Raymond | Away | 12:00 pm | |
| 9/24 | Newport | Away | | 11:30 am |
| 9/29 | Sanborn | Home | 5:30 pm | 4:00 pm |
| 10/3 | Belmont | Home | 5:30 pm | 4:00 pm |
| 10/6 | Hopkinton | Away | 4:00 pm | 4:00 pm |
| 10/8 | Littleton | Home | 5:30 pm | 4:00 pm |
| 10/12 | Interlakes | Away | 4:00 pm | 4:00 pm |
| 10/14 | White Mts. | Away | 5:00 pm | 3:30 pm |

Boys' Soccer

| | | | <u>JV</u> | <u>Varsity</u> |
|-------|------------|------|-----------|----------------|
| 8/25 | Belmont | Home | 5:30 pm | 4:00 pm |
| 8/30 | Franklin | Away | 5:30 pm | 4:00 pm |
| 9/2 | Raymond | Home | 5:30 pm | |
| 9/7 | Interlakes | Away | 4:00 pm | 4:00 pm |
| 9/10 | Littleton | Away | 1:30 pm | 12:00 pm |
| 9/12 | Winnisquam | Away | 5:30 pm | 4:00 pm |
| 9/14 | Newfound | Home | 5:30 pm | 4:00 pm |
| 9/17 | Mascoma | Away | 11:00 am | 1:00 pm |
| 9/20 | Franklin | Home | 5:30 pm | 4:00 pm |
| 9/22 | Gilford | Away | 4:00 pm | 4:00 pm |
| 9/24 | Raymond | Away | 12:00 pm | |
| 9/26 | White Mts. | Away | 4:00 pm | 4:00 pm |
| 9/28 | Berlin | Home | 5:30 pm | 4:00 pm |
| 10/3 | Belmont | Away | 4:00 pm | 4:00 pm |
| 10/6 | Winnisquam | Home | 5:30 pm | 4:00 pm |
| 10/8 | Farmington | Home | | 1:30 pm |
| 10/12 | Interlakes | Home | 5:30 pm | 4:00 pm |
| 10/14 | Mascoma | Home | 5:30 pm | 4:00 pm |

Cross Country

| | | | |
|-------|-------------------|------|----------|
| 9/2 | Gilford | Away | 3:30 pm |
| 9/8 | Newmarket | Away | 3:30 pm |
| 9/12 | Sant Bani | Away | 3:00 pm |
| 9/16 | Belmont | Away | 3:30 pm |
| 9/20 | Interlakes | Away | 3:30 pm |
| 9/24 | Manchester Invite | Away | 10:00 am |
| 9/27 | Moultonborough | Away | 3:30 pm |
| 10/1 | Hopkinton | Away | 10:00 am |
| 10/4 | Belmont | Away | 3:30 pm |
| 10/7 | Hillsboro-Deering | Away | 3:30 pm |
| 10/11 | White Mountains | Away | 3:30 pm |
| 10/14 | Gilford | Away | 3:30 pm |

Golf

| | | | |
|------|-----------------|------|---------|
| 9/7 | Moultonborough | Away | 3:30 pm |
| 9/9 | Woodsville | Away | 3:30 pm |
| 9/12 | White Mountains | Away | 3:30 pm |
| 9/20 | Derryfield | Away | 3:30 pm |
| 9/21 | Home | Home | 3:30 pm |
| 9/22 | Somersworth | Away | 3:30 pm |
| 9/23 | Sanborn | Away | 3:30 pm |
| 9/27 | Home | Home | 3:30 pm |
| 9/28 | Moultonborough | Away | 3:30 pm |
| 9/30 | Interlakes | Away | 3:30 pm |

*Home Matches are held at
Lake Winnepesaukee Golf Club

Volleyball

| | | | <u>Frosh</u> | <u>JV</u> | <u>Varsity</u> |
|-------|-------------------|------|--------------|-----------|----------------|
| 9/7 | Moltonborough | Home | 4:00 pm | 5:00 pm | 6:00 pm |
| 9/9 | Farmington | Away | | 5:00 pm | 6:00 pm |
| 9/12 | Pittsfield | Away | | 5:00 pm | 6:00 pm |
| 9/14 | Belmont | Away | | 5:00 pm | 6:00 pm |
| 9/19 | Nute | Away | | 5:00 pm | 6:00 pm |
| 9/23 | Farmington | Home | | 5:00 pm | 6:00 pm |
| 9/26 | Newfound | Home | | 5:00 pm | 6:00 pm |
| 9/28 | Winnisquam | Home | | 5:00 pm | 6:00 pm |
| 9/30 | Hillsboro-Deering | Away | | 5:00 pm | 6:00 pm |
| 10/3 | Gilford | Home | 4:00 pm | 5:00 pm | 6:00 pm |
| 10/5 | Raymond | Home | | 5:00 pm | 6:00 pm |
| 10/12 | Somersworth | Home | | 5:00 pm | 6:00 pm |
| 10/14 | Sunapee | Home | | 5:00 pm | 6:00 pm |
| 10/17 | Portsmouth Chrst. | Away | | 5:00 pm | 6:00 pm |
| 10/18 | Epping | Away | | | 6:00 pm |
| 10/21 | Interlakes | Home | 4:00 pm | 5:00 pm | 6:00 pm |

Go Timber Wolves!!!